

BURLINGTON LIFE

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Life in Burlington and beyond



Dr. Otto Weiglein

Helping people feel good about themselves

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Helping people feel better about themselves one stitch and one cosmetic treatment at a time

By Valerie Johnson



Dr. Otto Weiglein, Cosmedica and The Centre for Personal Surgery.

JUST BECAUSE MOTHER NATURE gave it to you, doesn't mean you're stuck with it.

That's something Dr. Otto Weiglein knows well.

Dr. Weiglein is the man behind Burlington's Cosmedica and Centre for Personal Surgery. He is a cosmetic plastic surgeon, certified by the Royal College of Physicians and Surgeons of Canada, with experience and training that has taken him around the world.

He returned to Canada in 1982, and discovered Burlington while visiting a colleague in Oakville.

"I was hoping for work, and he told me there was nothing available in Oakville, but he knew of a position in Burlington," Dr. Weiglein recalls. "I took the drive down Lakeshore Road and I fell in love. This is a place where I could not just work – but live."

While he didn't settle in the area until after extensive training and education, it was early in his education that he developed what he calls "a passion" for cosmetic surgery. To him, it was more than just a career path – it was a way to help people feel better about themselves.

Outward appearances, especially for women, affect

almost every aspect of our lives. It affects emotion, confidence, and how we interact with others.

Dr. Weiglein sees his profession as a way to help people regain confidence, and better their own lives.

"It's sort of like social work with a knife," he quips. "People always leave the office happy – and knowing you've been a part of it is a very good feeling."

The attitude toward cosmetic procedures has shifted dramatically in the last few decades, Dr. Weiglein notes. He credits the "reveal-type" shows on The Learning Channel and other educational programming with informing and intriguing the public.

Medical advancements have also made many procedures less complicated and safer, and have resulted in shorter recovery times. It's also made them much more accessible to "regular people," Dr. Weiglein says. "Our clients are just like everyone else. They aren't celebrities. They are hard-working people with families."

Cosmedica and the Centre for Personal Surgery offer a variety of surgical and non-surgical options to address a variety of physical concerns.

"It's more than just a service – we build a relationship with our clients," says Dr. Otto Weiglein, the man behind Burlington's Cosmedica and Centre for Personal Surgery. "It's an intensely personal decision and our clients have to be comfortable with the procedure and everyone involved."

Cosmedica offers non-invasive procedures like photorejuvenation, laser hair removal and skin care programs. Clients can also take advantage of procedures such as microdermabrasion, injectable fillers and Botox.

On the surgical side, Dr. Weiglein is an expert at breast augmentation, tummy tucks, liposuction, body contouring, face-lifts and more.

All procedures are done on-site at Dr. Weiglein's state-of-the-art facility.

The centre, which was newly built to blend in with the businesses and homes that surround it in Burlington's core, offers a welcoming setting for clients.

"Our clients are completely healthy," Dr. Weiglein says. "We are wellness-based and our office environment reflects that concept, so we didn't want the centre to have a clinical feel."

As a result, it feels more like a spa than a medical centre. Colours are bright and cheery, with a refreshing shot of vibrant purple as the main colour, offering a comfortable and modern environment. But even with such stylish décor, safety, security and hygiene are still a top priority for Dr. Weiglein and his team.

Not every candidate is suitable for all of the procedures the centre offers. First and foremost, clients must be physically healthy enough to undergo the procedure – and they must also be mentally healthy.

Dr. Weiglein says they have had to turn potential clients away.

If someone is going through a divorce or is recently bereaved, Dr. Weiglein suggests they wait a year or two before undergoing a surgical procedure.

"This is not a logical business," says Dr. Weiglein. "It's very strongly tied to emotion and often emotions run too high after such experiences. We want to make sure our clients are making a sound decision."

He says people with unrealistic expectations are also turned away.

Dr. Weiglein says client education is a large part of the process before any procedure is performed. The Cosmedica Canada website offers detailed information on the procedures and clients undergo consultation to ensure the procedure is right for them.

"It's more than just a service – we build a relationship with our clients," he says. "It's an intensely personal decision and our clients have to be comfortable with the procedure and everyone involved."

To learn more visit www.cosmedicacanada.ca or contact the centre at 905-634-5573.